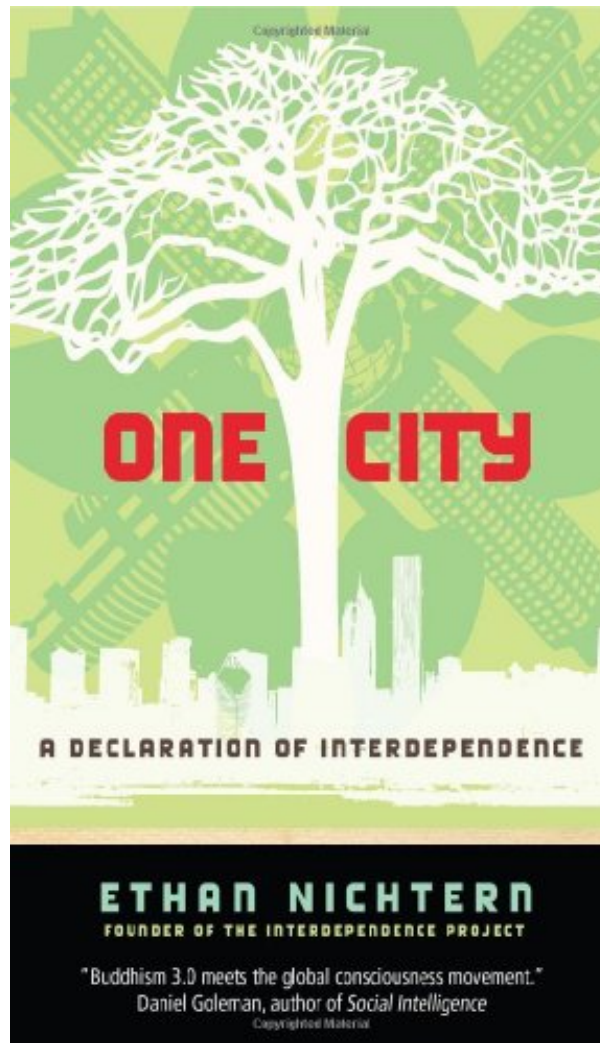
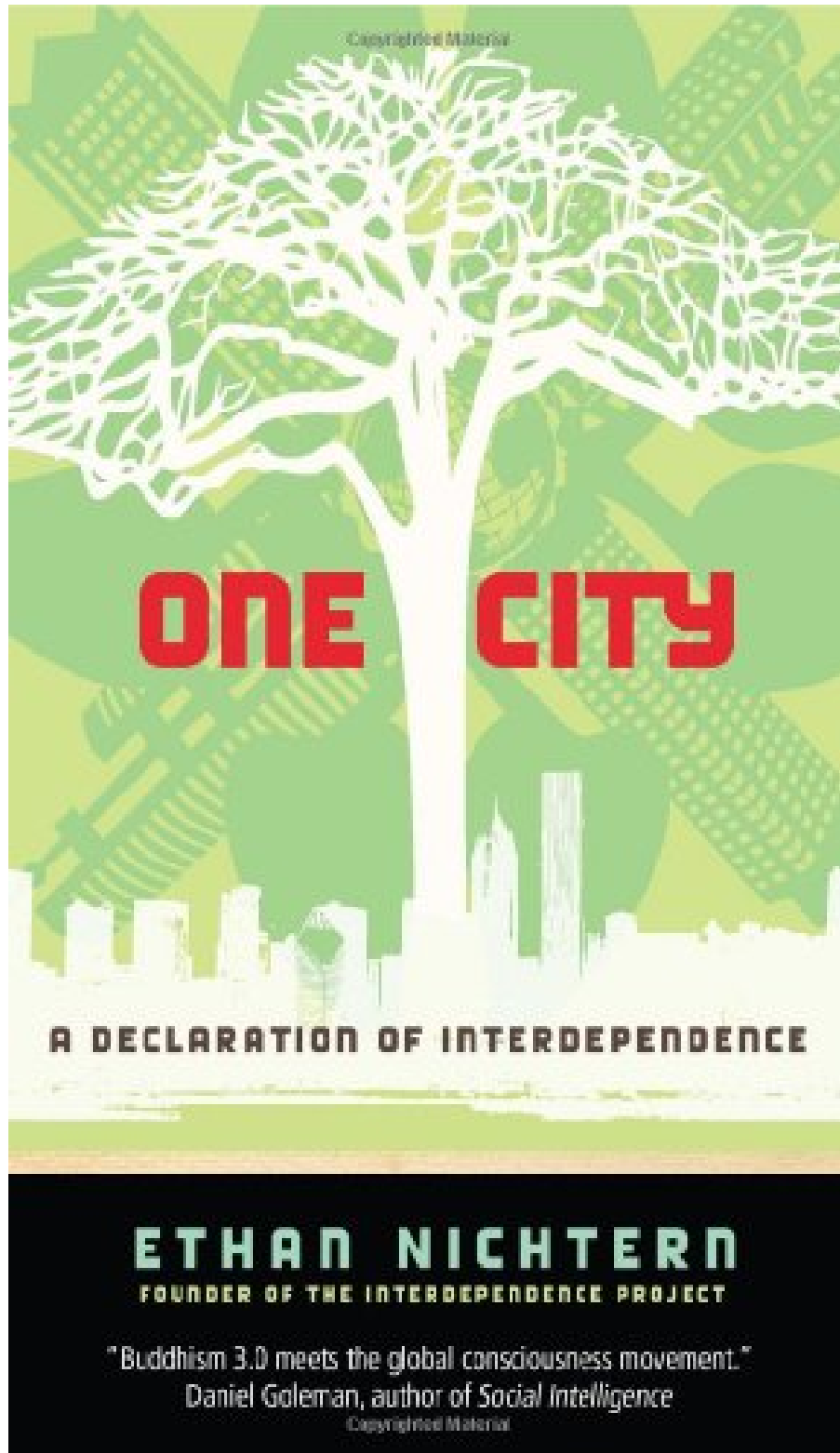


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What you wear. What you say. What you think/ignore/buy/don't buy... Welcome to One City-Population: Everyone-where EVERYTHING you do matters. You've lived here your whole life, whether you know it or not.

Ethan Nichtern, the charismatic and creative force behind New York's upstart Interdependence Project is your guide to the beauty that is everywhere in the urban jungle-in the rattling of subway trains, the screechings of traffic, the hum and drone of millions scurrying for work, food, sustenance, art, culture, and meaning. There may be no greater setting for exploring the great truth that Dr. Martin Luther King Jr. expounded: "Whatever effects one directly, effects all indirectly."

One City melds Dr. King's message with modern Buddhist wisdom to offer a new way of understanding what binds us all together-no matter where we are, no matter who. With its pop-culture savvy, humor, and literary liveliness, One City will speak to--and even, it's fair to say, help define--the spiritually-inclined, conscious Next Generation.

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It's a fast read and I highly recommend it!

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I read this book from start to finish in two sittings yesterday. It was amazingly well written and flowed much more easily than other spiritual books I've read.

It's also incredibly hopeful, and incredibly relevant.

I've heard Ethan Nichtern do poetry readings as well. I hope he has a lot more writing in him, because I can't wait to read it. This is a great one to get for friends who are interested in ANY of the following:

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